

PCU Skillsheet

CARDIOVASCULAR	No Experience	Intermittent Experience	Competent Needs Resource	Two-Years Consistent Experience	Experienced Performs Independently
Cardiac Monitors					
Rhythm Strip Measurements					
Recognize and Interpret Dysrhythmias					
Obtain 12 Lead EKGs					
CPR					
Cardioversion/Defibrillation					
Pulse Checks					
Use of Dopplar					
Automatic BP Cuff					
Care: Acute MI					
Care: CHF					
Care: Angina					
Care: Hypertension					
Care: Cardiomyopathy					
Care: Cardiopulmonary Arrest					
Care: Abdominal Aortic Aneurysm					
Care: Pre/Post Cardiac Surgery					
Carotid Endarterectomy					
GASTROINTESTINAL	No Experience	Intermittent Experience	Competent Needs Resource	Two-Years Consistent Experience	Experienced Performs Independently
NG Tube Care and Maintenance					
NG Tube Insertion					
Bowel Preparation					
Care: Tube Feedings					
Care: Ileostomy					
Care: Colostomy					
Care: Pancreatitis					
Care: GI Bleed					
Bowel Obstruction					
Care: Liver Transplant					
Care: Abdominal Wounds/Surgeries					
Care: Hemovac					
Care: Gastrostomy Tube/Jejunostomy					
Care: Whipple Procedure					
GENITOURINARY/RENAL	No Experience	Intermittent Experience	Competent Needs Resource	Two-Years Consistent Experience	Experienced Performs Independently
Bladder Irrigations: Intermittent					

Care: Supra-Pubic Catheter					
Care: Nephrostomy Tube					
Urinary Catheter Insertion					
Bladder Irrigations: Continuous					
Electrolyte Imbalance/Replacement					
Care: Peritoneal Dialysis					
Care: Hemodialysis					
T.U.R.P.					
Care: Shunts and Fistulas					
Care: Nephrectomy					

MISCELLANEOUS

No Experience Intermittent Experience Competent Needs Resource Two-Years Consistent Experience Experienced Performs Independently

Care: Pressure Sores					
Care: Sickle Cell Anemia					
Care: Diabetes					
F.S. Glucose Monitoring					
Dressing Changes					
Use of Air Fluidized Beds					
Normal Serum Lab Values					
Universal Precautions - Isolation					
Care: Cancer					
Care: Alzheimer's Disease					
Care: HIV/AIDS					
Discharge Planning					

NEUROLOGICAL

No Experience Intermittent Experience Competent Needs Resource Two-Years Consistent Experience Experienced Performs Independently

Care: DT's					
Care: Spinal Cord Injury					
Care: Pre/Post Neuro Surgery					
Care: Halo Traction					
Care: Multiple Sclerosis					
Care: Overdose					
Neuro Assessment					
Glasgow Coma Scale					
Seizure Precautions					
Assist with Lumbar Puncture					
Care: Acute Head Injury					
Care: CVA/TIA					

ORTHOPEDICS

No Experience Intermittent Experience Competent Needs Resource Two-Years Consistent Experience Experienced Performs Independently

Cast Care					
Traction: Skin					
Traction: Skeletal					
ROM					
Use of Assistive Devices					

Care: Total Joint Replacement

Care: Amputation

PHEBOTOMY/IV THERAPY

	No Experience	Intermittent Experience	Competent Needs Resource	Two-Years Consistent Experience	Experienced Performs Independently
Draw Blood: Venous Stick					
Draw Blood: Central Line					
Draw Blood: Arterial Line					
IV Push					
IV Drip: Calculations					
IV Drip: Titration					
Obtain IV Access					
Mix IV Medications					
Regulate IVs					
IV Infusion Pumps					
Central Line Dressing Changes					
Chemotherapy Administration					
Blood/Blood Product Administration					
TPN/PPN Administration					
Multi-Lumen Central Catheters					
Continuous Subcutaneous Infusion Pumps					
PCA Pumps (Patient Controlled Analgesia)					
Femoral Popliteal Bypass					
Permanent Pacemaker					
Temporary Pacemaker					
External Pacemaker					
Pre/Post Cardiac Cath					
Pre/Post PTCA					
Cardiac Lab Interpretation					
Cardiac Rehab/Patient Teaching					

RESPIRATORY

	No Experience	Intermittent Experience	Competent Needs Resource	Two-Years Consistent Experience	Experienced Performs Independently
Pulse Oximetry					
Care: ARDS					
Care: Pre/Post Thoracic Surgery					
Care: Pneumonia					
Care: Chest Tubes					
Care: Asthma					
Care: Emphysema					
Assist with Intubation/Extubation					
O2 Masks/Cannulas					
Ambu Bag					
Chest PT					
Incentive Spirometry					
Instruction of Coughing/Deep Breathing					
Nebulizer Set Up					

Suctioning: Endotracheal Tube					
Use of Pleurevac					
Interpret ABG's					
Arterial Line Maintenance					
Sputum Specimen Collection					
Suctioning: Oral					
Suctioning: Tracheostomy Tube					
Care: Pumonary Edema					
Care: COPD					
Care: Ventilator					
Care: Tracheostomy					

USE AND ADMINISTRATION

	No Experience	Intermittent Experience	Competent Needs Resource	Two-Years Consistent Experience	Experienced Performs Independently
Phenobarbital					
Magnesium Sulfate					
Valium					
Ativan					
Lopressor					
Lidocaine					
Nitroglycerine					
Nipride					
Thrombolytic Agents					
Code Cart/Emergency Drugs					
Decadron					
Dilantin					
Aminophylline					
Corticosteroids					
Inhalers					
Atropine					
Digoxin					
Dopamine					
Dobutamine					
Heparin					
Verapamil					

SUPPLEMENTAL

- Young Children (4-6 Years) €
- Older Children (7-12 Years) €
- Adolescents (13-20 Years) €
- Young Adults (21-39 Years) €
- Middle Adults (40-64 Years) €
- Older Adults (65-79 Years) €
- Adults (>80 Years) €

